

# Please help us with our resource contact list!

We are looking for people of the nation with knowledge surrounding the Nlaka'pamux traditional practices and protocols who are available and willing to share, teach, and pass on this vital information to those who are eager to learn.

We are also looking for people who are interested in sports and recreation coaching that may be available to future programs to run.

Maybe you have training in other areas of interest?!

Examples include, but are not limited to, hand drum making, ribbon skirt/shirt making, hunting, fishing, basketball, volleyball, aromatherapy, traditional medicine, medicine people, life skills training etc.

We would like to continue providing workshops that are helpful in the works of revitalization of our people and cultural ways as well as working towards a healing journey for all ages.

If you, or someone you know is interested in sharing knowledge regarding any of the above ideas, please contact Corrina at the Citxw Nlaka'pamux Assembly with your name, best method to contact you (landline, cell phone, call, text, or email), and which community you are from (within all of the Nlaka'pamux Territory) at (250) 378-1864, or email [cmanuel@cna-trust.ca](mailto:cmanuel@cna-trust.ca).

If the legends fall silent, who will teach the children of our ways?

-Chief Dan George

