

# Hands and Feet Hopscotch





## Hands and Feet Hopscotch Instructions:



In this fun hands and feet sensory activity each participant gets to work on their motor skills and practice n̓eʔkepmxcin vocabulary. This game is a great family indoor or outdoor activity for both Adults and Children to play.

- 1) Download & Print these pages, or create your own. (Optional: Can use chalk or paint.)
- 2) Lay down your Hands and Feet Hopscotch on a flat surface (optional: secure with tape)
- 3) Have participants take turns going through hopscotch
- 4) From left to right, practice saying **sq̓wáxt** (foot) and **kéyx** (hand) as you make your way through.
- 5) And have fun!

### Vocabulary

English

N̓eʔkepmxcin

Phonetics

hand

kéyx

kayhx

foot

sq̓wáxt

sqwahxt



# kéyx



# kéyx



# sq'wáxt



# sq'wáxt



# sq'wáxt



# sq'wáxt





# sq'wáxt



# sq'wáxt



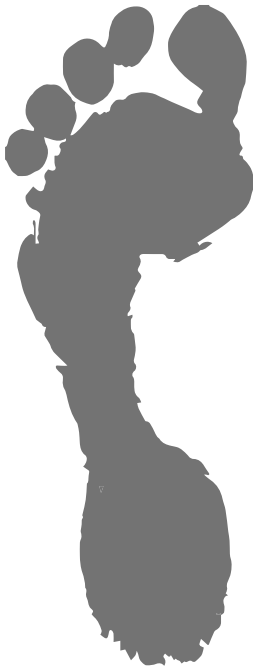
# sq'wáxt



# sq'wáxt



# sq'wáxt



# sq'wáxt



# sq'wáxt



# sq'wáxt





# kéyx



# kéyx



# kéyx



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# kéyx

