



# Traditional Nlakápmux Self Introduction

Sometimes you will be asked *ste? he? sk<sup>w</sup>ést* (shtah ha shkwesht), meaning what is your name? One of the ways Indigenous people like to connect with one another is through *nkseytkn* (family). A traditional introduction will include where you and your family come from, who your parents are, as well as your grandparents on both sides of your family. A traditional introduction should also be used in group settings, welcoming's, speeches, or where ever you feel necessary. This is a great way of connecting with your *nlaka'pamux* culture and people! You will soon get to learn more *nkseytkn*!

Self-Introduction	Nłe?kepmxcin	Pronunciation
Hello	<b>heñłe?</b>	hen-thla
My name is	<b>nsk<sup>w</sup>est</b> _____ (name)	nshkwesht _____
I am from	<b>tuł he</b> _____ <b>kn</b> (place)	tuthl ha _____ kin
My mother is  <i>(note: he=transitive, present/ ł= transitive <u>not present, can be used before or after term</u>)</i>	<b>he/ł nskíxze?</b> _____ (name)  <b>nskíxze? ł</b> _____ (name)	ha/thl nshkee-zuh _____  nshkee-zuh thl _____
My father is	<b>he/ł nsqácze?</b> _____	ha/thl nshgakzuh _____
My grandmother is	<b>he/ł nkže</b> _____ _____	ha/thl nkith-ah nkah-zuh _____
My grandfather is	<b>he/ł nspápze?</b> _____ _____	ha/thl nspup-zuh _____
Alright, done	<b>húmèł cúkw</b>	ho-methl choo-kh